

EMILY E. LAMBERT, LCPC

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EDUCATION

Northwestern University, Evanston, IL April 2018 – June 2020
Master of Arts in Counseling

DePaul University, Chicago, IL August 2013 – June 2017
Bachelor of Arts in Psychology
Minors: Religious Studies, French

Miami University, Differdange, Luxembourg August 2015 – December 2015
Study Abroad Program

LICENSURE AND CERTIFICATION

Licensed Clinical Professional Counselor (LCPC) January 2023
License no. 180.014982

National Certified Counselor (NCC) July 2020

CLINICAL EXPERIENCE

Cognitive Behavioral Growth, Chicago, IL November 2023 – Current
Clinician

Center for Anxiety & OCD, Deerfield, IL September 2022 – October 2023
Clinician

Light on Anxiety, Chicago, IL July 2020 – August 2022
Associate Clinician

Light on Anxiety, Chicago, IL February 2019 – June 2020
Intern and Practicum Student

VOLUNTEER EXPERIENCE

Western Golf Association/Evan Scholars Foundation, Chicago, IL June 2023 – Current
Leadership Council Member

Western Golf Association/Evan Scholars Foundation, Chicago, IL. September 2023 – Current
Mentor

Holocaust Community Services, Chicago, IL November 2020 – June 2021
Friendly Caller Volunteer

Girls on the Run, Chicago, IL August 2016 – June 2017
Volunteer Coach

ADDITIONAL EXPERIENCE

Rogers Behavioral Health, Skokie, IL October 2018 – June 2020
Intake and Utilization Review Specialist

EntrustPermal, Chicago, IL July 2017 – July 2018
Associate, Institutional Sales

EntrustPermal, Chicago, IL May 2014 – July 2017
Business Development and Consultant Relations Intern

Girls on the Run, Chicago, IL August 2016 – June 2017
Programming, Development & 5k Intern

PRESENTATIONS

Athletes & Anxiety Workshop June 2023
Center for Anxiety & OCD

Managing Anxiety While Living with Ovarian Cancer. June 2022
National Ovarian Cancer Coalition- Chicago Chapter

Managing Anxiety During Late-stage Ovarian Cancer Survivorship June-August 2021
National Ovarian Cancer Coalition- Chicago Chapter

PUBLICATIONS

Books:

Kissen, D., Ioffe, M., Lambert, E., **Break Free from Intrusive Thoughts: An Evidence-Based Guide for Managing Fear and Finding Peace**, Rockridge Press, 2021.

AWARDS AND ACHIEVEMENTS

URAP Grant, DePaul University June 2016
Awarded funding for Bystander Intervention Project

PROFESSIONAL AFFILIATIONS

Anxiety and Depression Association of America, Member

American Counseling Association, Member